



# DIY Sugar Lip Scrub — From Dry & Cracked to Silky Soft & Kissable!

Got dry, cracked lips? This DIY sugar lip scrub does double-duty. It exfoliates, conditions rough patches and replenishes moisture all at the same time — with no hassle and no mess!

## Ingredients

- ♥ 2.5 + 5 ounces Refined Shea Butter
- ♥ 0.25 + 0.5 ounces Coconut Oil
- ♥ 1/2-1 cup White Granulated Sugar
- ♥ 1/2 teaspoonful Dark Cocoa Powder
- ♥ 1 + 2 teaspoonfuls Vanilla Extract
- ♥ 0.25 ounces Raw Honey

*This recipe makes about 14 sugar cubes.*

## Directions:

1. Start by making the chocolate stripes. To a double boiler or metal pot add shea butter and coconut oil and heat until completely melted.
2. Add the white granulated sugar, cocoa powder, and vanilla extract. Stir to combine. The mixture should be the texture of sand, not runny or soupy. Add more sugar if needed.
3. Spoon the sugar mixture into your mold.
4. Place in the refrigerator for 30 minutes, or until solid.
5. Remove the solid chocolate cubes from the mold and slice each one into 2 halves. Place each half back in the mold in the center of its own cavity. Put the mold in the freezer while you make the shea butter mixture.
6. Add the remaining shea butter and coconut oil to a double boiler or metal pot. Heat until completely melted.
7. Then add the raw honey and vanilla extract, and whisk to combine.
8. Allow the shea butter mixture to cool for about 15-20 minutes. Then remove the mold from the freezer and pour the shea butter mixture into each of the cavities, making sure to cover and surround each chocolate stripe. Adjust the stripes to keep them centered.
9. Put the mold back in the refrigerator for about 1 hour or until the cubes are solid.
10. Remove the sugar lip scrub from the mold and store in an airtight container in a cool, dry place.

## How To Use:

Wet your lips with warm water then generously apply one sugar lip scrub cube to your lips. Use your fingers to massage in a circular motion to allow the lip scrub to simultaneously exfoliate and moisturize any dry, cracked skin.

Quickly rinse off the lip scrub with warm water and pat lips dry. You can apply your favorite lip balm moisturizer afterwards but it's not necessary.

Store your cubes in a dry, cool place.

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